**Pratik Adhikary, MA, MSc, PhD**

**Contact Details:**

Institute for Social and Environmental Research Nepal

P.O.Box No: 57, Bharatpur Metropolitian City-15

Fullbari Chitwan, Nepal  
Tel: 977-56-591054 (O), 9840552042 (Cell)

E-mail: pratikiser@outlook.com; adpratik30@gmail.com

**Areas of Expertise**

Migration and Health, Global health, mixed-methods research, narrative review, grant proposal writing, peer reviewed publication, teaching and learning in higher education, informatics technologies including data analysis software, monitoring and evaluation, questionnaire development and validation, networking and collaboration, report writing, project management.

**Education**

|  |  |  |
| --- | --- | --- |
| Ph.D. | 2015 | Bournemouth University, UK |
| M.Sc. | 2007 | Aberdeen University, UK |
| M.A | 2001 | Tribhuvan University, Nepal |
| B.Sc. | 1998 | Tribhuvan University, Nepal |

**Training**

|  |  |  |
| --- | --- | --- |
| 2013 | Introduction to Education Practice | Bournemouth University, UK |
| 2009/2010 | Research Methodology | Bournemouth University, UK |
| 2007 | Research Methodology | Aberdeen University, UK |
| 2002 | Proposal Writing | Cosmic Education Training and  Research Academy, Nepal |
| 2002 | Conflict Management | Active Academy College,  Kathmandu, Nepal, |
| 2000 | Advanced English (Writing) | Campus of International  Languages, TU, Nepal, |
| 2000 | Research Methodology | Tribhuvan University, Nepal |

**Employment**

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| --- | --- |
| July, 2019-present | Postdoctoral Fellow, Global Health Equity Scholars Program,  Institute for social and Environmental Research-Nepal & School of Public HEAL Health, UC Berkeley, USA. |
| Jan.2016-June, 2019 | Team Leader, Green Tara Nepal*.* |
| Sep.2012-Dec.2015 | Lecturer of Public Health**,** St. Patrick's International College, UK, |
| May 2011-Aug.2012 | Researcher, Bournemouth University, Bournemouth, UK |
| Oct. 2008-Sept. 2009 | Research Officer, Cardiac Research, NHS Grampian, Aberdeen, UK, |
| Aug. 2002-Jul.2006 | Lecturer of Population, Health& Environment, Manamohan Memorial College and Janamaitri Multiple Campus, Kathmandu, Nepal |
| Jun. 2001-Jul. 2002 | Research Officer, EASTAP/Conserve Nepal, |
| Apr. 2001-May.2001 | Research Assistant, CDPS, Tribhuvan University, Nepal and  Research Triangle Institute, University of North Carolina, USA, |

**Publication**

**Adhikary P** and van Teijlingen E (nd). A qualitative exploration of the support networks in the

Middle East & Malaysia: reflections based on Nepali returnee migrants’ experiences. Paper submitted in the *International* *Journal of Occupational Safety and Health*.

Aryal N, van Teijlingen E, Simkhada, P and **Adhikary P,** Regmi P, (nd). The impact of Spousal

Migration on the Mental Health of Nepali Women: A cross-sectional study. Paper submitted in the *Journal of BMJ Open.*

Dhungana RR, Aryal N, **Adhikary P**, KC R, Regmi PR, Devkota B et al., P (nd). Psychological morbidity in Nepali cross-border migrants in India: A community based cross-sectional study. Paper submitted in the *Journal of* *BMC Public Health*.

Regmi P, Aryal N, van Teijlingen E, Simkhada, P and **Adhikary P** (nd). Nepali migrant workers and the need for pre-departure training on mental health: a qualitative study. Paper submitted in the *Journal of Immigrant and Minority Health*.

Van Teijlingen E, Raj Regmi P, **Adhikary P**, Aryal N and Simkhada P (2019). Interdisciplinary research in public health: Not quite straightforward. Paper published in the *Health Prospect* *(Public Health Journal).* 18 (1) 4-7. DOI: [10.3126/hprospect.v18i1.19337](https://doi.org/10.3126/hprospect.v18i1.19337)

**Adhikary P**, Keen S and van Teijlingen E (2019). Workplace accidents among Nepali male workers in the Middle East and Malaysia: a qualitative study. Paper published in the *Journal of Immigrant and Minority Health.* 21: 1115-1122.

DOI: https://doi.org/10.1007/s10903-018-0801-y

**Adhikary P**, Zoë A Sheppard, Keen S and van Teijlingen E (2018). Health and well-being of Nepalese migrant workers abroad. Paper published in the *International Journal of Migration, Health and Social Care*. 14 (1):96-105. DOI: [10.1108/IJMHSC-12-2015-0052](https://doi.org/10.1108/ijmhsc-12-2015-0052)

**Adhikary P**, Zoë A. Sheppard, Keen S and van Teijlingen E (2017). Risky work: Accidents among Nepalese migrant workers in Malaysia, Qatar and Saudi Arabia. Paper published in the Health Prospect 2017; 1 6(2):3-10. DOI: <https://doi.org/10.3126/hprospect.v16i2.18643>

Aryal N,Regmi P, van Teijlingen E, Simkhada P, **Adhikary P**, Kumar Deo Bhatta Y and Mann S (2016). Injury and Mortality in Young Nepalese Migrant Workers: A Call for Public Health Action (Brief report). Paper published in *Asia Pacific Journal of Public Health*. 28 (8):703-705. DOI: [https://doi.org/10.1177/1010539516668628](https://doi.org/10.1177%2F1010539516668628)

**Adhikary P**, Keen S and van Teijlingen E (2011). Health Issues among Nepalese migrant workers in the Middle East. Paper Published in the *Health Science Journal.*5 (3) pp169-75 EID: 2-s2.0-79960420128. Available at: <http://www.hsj.gr/volume5/issue3/532.pdf>

Van Teijlingen E, Simkhada P and **Adhikary P** (2009). Alcohol use Nepalese in the UK.

Letter published in the e-version of the British Medical Journal.

**Adhikary P**, Simkhada P and van Teijlingen E (2008). Health and Lifestyle of Nepalese Migrants in the United Kingdom. 8:6. Paper published in BMC International Health and Human Rights. DOI: [10.1186/1472-698X-8-6](https://doi.org/10.1186/1472-698x-8-6);

EID: 2-s2.0-45549103600

**Book Review**

**Adhikary P.** (2010) Review of *Selected Studies in International Migration and Immigrant Incorporation (IMISCOE Textbooks) by Martiniello, Macro and Rath, Jan (eds.)*

**Adhikary P.** (2010) Review of *Children of International Migrants in Europe: Comparative Perspectives*

**Professional Memberships**

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|  |  |
| 2017 -Present | Member, Nepal Health Professional Council |
| 2018 -Present | Member, Migration Health and Development Research Initiative |

**Languages**

Nepali: Excellent in speaking, reading, writing

English: Excellent in speaking, reading, writing

Hindi: Good in speaking, reading and writing

**References**

1. Prof. Dr. Dirgha Jibi Ghimire

E-mail: dirghaiser@outlook.com; nepdjg@umich.edu

2. Prof Edwin R van Teijlingen

Telephone: 01202 961564; E-mail: [vanteijlingen@bournemouth.ac.uk](mailto:vanteijlingen@bournemouth.ac.uk)